

Carlos A. Larrauri
MSN, APRN, PMHNP-BC, FNP-BC
www.carloslarrauri.com
larrauri@umich.edu

EDUCATION

University of Michigan , Ann Arbor, MI <i>JD, Expected*</i>	June 2023*
University of Miami , Miami, FL <i>Post-master's certificate, Psychiatric Mental Health Nurse Practitioner</i> Cumulative Graduate G.P.A of 3.50/4.0	December 2018
University of Miami , Miami, FL <i>MSN, Family Nurse Practitioner</i>	August 2017
Miami Dade College , Miami, FL <i>BSN (RN to BSN)</i> Cumulative Undergraduate G.P.A of 3.54/4.0	July 2016
Miami Dade College , Miami, FL <i>ASN – Accelerated Option</i>	July 2015
New College of Florida (The Honors College) , Sarasota, FL <i>BA, Humanities Concentration</i>	May 2012

HONORS AND AWARDS

Deans Scholarship, University of Michigan	2020
Academic Award, Students with Psychosis	2020
Low Yagodnik Award for Courage in Advocacy, STARR Coalition	2017
University of Miami Community Engagement Award	2017
Florence Bayuk Nursing Educational Trust (\$2,000)	2016
Scholarship for Disadvantaged Students (\$30,000)	2016
Dean's List, Miami Dade College	2016
Benjamin Leon Scholarship (\$10,000)	2015
Dean's List, Miami Dade College	2015
Mitchell Wolfson Senior Foundation Retraining (Full-tuition)	2014
Dean's List, Miami Dade College	2013
Florida Academic Scholars Award Recipient (Full-tuition)	2008

Dean's List, Miami Dade College	2007
National Hispanic Scholar, National Hispanic Recognition Program	2006
Summa Cum Laude, Miami Killian Senior High School	2006

RESEARCH EXPERIENCE

Sub-Investigator April 2018 – August 2018
 IMIC, Medical Research
 Palmetto Bay, FL

- Conducted clinical research for over 12 phase II, III and IV drug trials examining primary health issues such as asthma, diabetes and fatty liver, as well as behavioral conditions such as Autism and ADHD.
- Ensured that the studies were conducted in accordance with applicable regulations, guidelines, and standard operating procedures.

Research Assistant August 2013 – August 2018
 University of Miami Miller School of Medicine
 Miami, Florida FL

- Conducted literature review for psychiatric research proposals and edited multiple drafts which resulted in 2 peer reviewed publications.

TEACHING EXPERIENCE

Lecturer, Psychiatric Nursing August 2018 – May 2020
 The University of Miami School of Nursing and Health Studies
 Coral Gables, FL

- Educate and clinically train accelerated BSN nursing students on fundamentals of psychiatric nursing in community mental health and inpatient psychiatric facilities.
- Grade and deliver feedback on essays and other written assignments.

Adjunct Professor, Psychiatric Nursing June 2018 – August 2019
 Miami Dade College Benjamin Leon School of Nursing
 Miami, FL

- Educate and clinically train RN nursing students on fundamentals of psychiatric nursing in community mental health and inpatient psychiatric facilities.
- Grade and deliver feedback on essays and other written assignments.

WORK EXPERIENCE

Advanced Practice Registered Nurse November 2017 – Present
 Carlos A. Larrauri, LLC
 Miami, FL

- Perform clinical procedures such as diagnosing, prescribing, and evaluating treatment response in community mental health centers in South Florida and Washington State (via tele-psychiatry).
- Work in multidisciplinary teams with psychiatrists, psychologists, social workers and counselors.

Psychiatric Registered Nurse
Correct Care Recovery Solutions
Homestead, FL

November 2015 – April 2016

- Provided direct care for patients at a maximum-security forensic hospital, including daily monitoring, recording patient data, and evaluating psychiatric and medical progress.
- Directed support staff, including mental health technicians.

Benefits Specialist

South Florida Behavioral Health Network
Miami, FL

June 2013 - August 2014

- Helped acquire Social Security Disability Insurance (SSDI) and Supplemental Security income (SSI) for clients of the 11th Judicial Circuit Criminal Mental Health Project.
- Maintained a 100% approval rating with over fifty financial benefits claims.

CONSULTING EXPERIENCE

Grants Review Committee

October 2018 – October 2018

Alkermes
Boston, MA

- Awarded 14 programs a total of \$1 million in funding through a grant initiative to help individuals and communities affected by mental health and substance use disorders.
- Selected award winners from more than 300 proposals for community mental health support projects.

Director of Programs

June 2016 – August 2016

NAMI Miami-Dade County
South Miami, FL

- Accelerated the scaling up of NAMI signature programs, such as Family Support Groups and Connections Support Groups, to the greater Miami-Dade County area.
- Lead a team of 4 volunteers in the creation of a data platform of community health partners.
- Organized and lead 2 support group trainings that resulted in 10 capable consumer/family support group facilitators.

SCHOLARSHIP

Book chapter:

1. **C.A. Larrauri** & C. Garret. First person accounts of psychosis and advocacy work. In: *Intervening Early in Psychosis – a team approach*, edited by K.V. Hardy, J.S. Ballon, D.L. Noordsy and S. Adelsheim. Washington DC: American Psychiatric Association Publishing, 2019.

Peer - Reviewed Publications:

1. Jones, M. T., Deckler, E., Lurrari, C., Jarskog, L. F., Penn, D. L., Pinkham, A. E., & Harvey, P. D. (2019). Confidence, performance, and accuracy of self-assessment of social cognition: A comparison of schizophrenia patients and healthy controls. *Schizophrenia research. Cognition*, 19, 002–2. <https://doi.org/10.1016/j.scog.2019.01.002>
2. Gould, F., McGuire, L. S., Durand, D., Sabbag, S., Larrauri, C., Patterson, T. L., Twamley, E. W., & Harvey, P. D. (2015). Self-assessment in schizophrenia: Accuracy of evaluation of cognition and

everyday functioning. *Neuropsychology*, 29(5), 675–682. <https://doi.org/10.1037/neu0000175>

Non-Peer Reviewed Publications:

1. **Larrauri, Carlos.** (2019) *12 Tips for Living Well with Schizophrenia*. Partners for Strong365 Blog.
2. **Larrauri, Carlos** (2017) *The Strengths and Stigmas of My Culture*. NAMI Blog.
3. **Larrauri, Carlos.** (2016) *NAMI National Conference 2016*. NAMI Miami-Dade County Newsletter.
4. **Larrauri, Carlos.** (2016) *Carlos: My Story of Strength*. Partners for Strong365 Blog.

Editorials:

1. **Larrauri, Carlos.** (2018) *Seek Help for Mental Illness – You Are Not Alone*. The Miami Herald
2. **Larrauri, Carlos.** (2017) *We Need to Manage Mental Illness*. The Miami Herald
3. **Larrauri, Carlos** (2012) *Confronting Mental Illness: My Story*. The Miami Herald.

Webinars:

1. Luke Kramer, STARR Coalition; **Carlos A.Larrauri**, NAMI; Lorenzo Lewis, Confess Project (2019) Cultural Diversity and Clinical Research: Perspectives from Advocacy Groups. ClinEdge.
2. Luke Kramer, STARR Coalition; **Carlos A.Larrauri**, NAMI; Allen Doederlin, DBSA. (2018) Mental Health Month: Stigma, Language, Ethics, and Recruiting. ClinEdge.
3. Rachel Loewy, USCF; Theresa Nguyen, MHA; Chantel Garret and **Carlos A. Larrauri**, Partners for Strong Minds. (2017) Is it Real or Not Real - Do I Have Psychosis? Mental Health America.

Media Appearances:

- 2018 Disclosing Student Mental Health Records. *PBS Your South Florida*.
- 2017 Understanding Psychotic Breaks. NAMI Blog.
- 2017 Minority Mental Health Month. *PBS Your South Florida*.
- 2013 New College Alum Share Experiences with Schizophrenia. *The Catalyst*.

PRESENTATIONS

National

- 2018 **Larrauri, Carlos.** “My Story of Strength: Recovery from Schizophrenia and the Role of Peer Support.” NAMI National Convention 2018. Sheraton New Orleans Hotel, New Orleans, LA
- 2018 Terrance Bridges, SUN Behavioral; Angelina Brown Hudson, NAMI; **Carlos A. Larrauri, NAMI**; Lisa Streyffeler, DMU, Paul Surgenor, NAMI “NAMI Ask the Expert, Live.” NAMI National Convention 2018. Sheraton New Orleans Hotel. New Orleans, LA
- 2018 Francisco Quintana, FIU; Xenia Aponte, Citrus Health; Victor Guzman, Citrus Health; Alina Gonzalez-Mayo, **Carlos Larrauri**, Adriana Foster, FIU. “Re-Solving the Puzzle of Psychiatric Readmission: Variable Versus Predictors” New York Marquis Marriot. New York City, NY
- 2018 **Larrauri, Carlos.** “My Story of Strength: Recovery from Schizophrenia and the Role of Peer Support.” NAMI Keystone Mental Health & Wellness. Best Western Premier. Harrisburg, PA
- 2018 **Larrauri, Carlos.** “My Story of Strength: Recovery from Schizophrenia and the Role of Peer Support.” MINDFest. Ron Robinson Theatre. Little Rock, AR

Regional

- 2019 **Larrauri, Carlos** and Matthew Racher. “Talking Mental Health in High School.” AIM-High Immersion Achieve in Medicine, Nova South Eastern University. Fort Lauderdale, FL.
- 2018 **Larrauri, Carlos** and Matthew Racher. “It’s Okay to Talk About Mental Health.” AIM-High Immersion Achieve in Medicine, Nova South Eastern University. Fort Lauderdale, FL.
- 2016 **Larrauri, Carlos.** “Shining a Light on Mental Health.” British Consulate General Miami Workshop. Renaissance Fort Lauderdale Cruise Port Hotel. Ft. Lauderdale, FL.
- 2016 **Larrauri, Carlos.** “Crisis Intervention Team Police Officers Training for People with Mental Illness.” Crisis Intervention Team Training for City of Doral Police Department. Doral, FL.
- 2016 **Larrauri, Carlos.** “Crisis Intervention Team Police Officers Training for People with Mental Illness.” Crisis Intervention Team Training for Miami Dade Public Safety Training Institute. Doral, FL.
- 2016 **Larrauri, Carlos.** “Carlos: My Story of Strength.” NAMI Miami’s Reel Minds Film Festival. Milander Center for Arts and Entertainment. Hialeah, FL.
- 2014 **Larrauri, Carlos.** “Mental Illness and the Court Systems: Panel Discussion for Florida Judges.” Florida Partners in Crisis. Renaissance Orlando at SeaWorld, Orlando, FL.

Local

- 2019 **Larrauri, Carlos** “The Possibility of Recovery with Community Support.” Tocqueville Tuesday. United Way of Miami-Dade. Coral Gables, FL.
- 2018 **Larrauri, Carlos** “CIT 2.0 for MDPD Threat Management Section (TMS).” Crisis Intervention Team Training for Florida Department-Law Enforcement. Miami, FL.
- 2018 **Larrauri, Carlos** “Mental Health, Suicide Prevention, and Substance Abuse.” Women’s Fund Miami-Dade Program. Miami, FL.
- 2018 **Larrauri, Carlos** and Matthew Racher “Living in Recovery and Mental Health Advocacy” Florida International University School of Social Work, Miami, FL.
- 2018 **Larrauri, Carlos** “Recovery from Schizophrenia and the role of NAMI.” United Way Presentation. Noven Pharmaceuticals, Miami, FL.
- 2018 **Larrauri, Carlos.** “Seek Help for Mental Illness: You Are Not Alone.” National School Walkout. Miami Dade College Kendall Campus, Miami, FL.
- 2018 **Larrauri, Carlos,** Gabriel Rhenals, and Patricia Bermudez, “Mental Health Crisis in College.” NAMI Miami Dade County Speaker Series. Coconut Grove Sailing Club, Miami, FL
- 2017 **Larrauri, Carlos.** “What Does Recovery Mean: My Lived Experience”. NUR 647 Advanced Practice Nursing Integration. University of Miami, Miami, FL.
- 2016 **Larrauri, Carlos.** “What Does Recovery Mean: Values, Expectations and Relationships” Recovery Oriented Systems (ROSC) Summit. Miami Police College Auditorium, Miami, FL.
- 2016 **Larrauri, Carlos.** “Mental Health and Balance.” Miami Dade College, North Campus Colloquium Series. Miami Dade College North Campus, Miami, FL.
- 2015 **Larrauri, Carlos.** “Mental Health on Campus.” Miami Dade College North NAMI on Campus Club. Miami Dade College North Campus, Miami, FL.
- 2015 **Larrauri, Carlos.** “Mental Health on Campus.” Florida International University NAMI on Campus Club. Florida International University, Miami, FL.
- 2016 **Larrauri, Carlos.** “The Need for Early Identification and Intervention of Adolescents with Mental Health Issues within our School System.” The School Board of Miami-Dade County. Miami Dade County School Board Administrating Building, Miami, FL.
- 2015 **Larrauri, Carlos.** “Decreasing Stigma While Working with Populations with Mental Health Issues” Social Work and Human Diversity Class. FIU School of International and Public Affairs, Miami, FL.

- 2014 **Larrauri, Carlos.** “How Mental Illness Impacts Stakeholders within our Community.” The Mental Health Transformation in Action Conference, Awards Ceremony and Luncheon for Consumers, Law Enforcement and Community Partners. Jungle Island, Miami, FL.
- 2014 **Larrauri, Carlos.** “Schizophrenia and its Impact on Family Members.” NAMI Family-to-Family. Baptist of Miami Hospital, Miami, FL.
- 2014 **Larrauri, Carlos.** “Miami-Dade County Crisis Intervention Team Police Officers Training for Populations with Mental Illness.” CIT Panel Segment. Jackson Memorial Hospital, Miami, FL.

SERVICE ACTIVITIES/LEADERSHIP

National Alliance on Mental Illness (NAMI), Board of Director July 2016 – Present

Co-Chair of Governance Committee July 2016 – Present

- Review and propose for board approval revisions as needed to the Articles of Incorporation, Bylaws, and Policies and Procedures with respect to the organization and operation of NAMI.
- Review board composition, to assist in identifying needed areas of skill, experience and diversity: Oversee annual NAMI board elections and board development activities.

Public Policy Committee July 2017 – Present

- Research and develop issues of public policy; maintain NAMI’s public policy platform.
- Identify priorities for legislative, administrative agency, legal and other advocacy consistent with the priorities of NAMI and the grassroots.

Strategic Planning Committee July 2016 - July 2018

- Oversee development of NAMI’s Strategic Plan: monitor and evaluate progress toward goals and execution of strategic organizational priorities.
- Promote membership, participation and standards at all levels as a national association with state organizations and affiliates: promote efforts to foster and sustain diversity and inclusion.

NAMI of Miami-Dade County, Board of Directors April 2014 – Present

Finance Committee, NAMI of Miami April 2016 – Present

- Provide financial oversight for the organization, including budgeting and financial planning, financial reporting and monitoring of internal controls and accountability policies.

Secretary for the Board of Directors December 2013 - May 2015

- Responsible for maintaining accurate documentation and storage of records for meeting legal requirements of the organization.

Co-chair of the NAMI-UM Conference Committee December 2013 - May 2015

- Co-chaired *Stop the Stigma: Advancing Treatments of Mental Disorder*, a conference collaboration between NAMI of Miami and the University of Miami Department of Psychiatry (fund raising netted over \$20,000.00 for the operations of NAMI Miami-Dade County).

Certified NAMI Connections Recovery Support Group Teacher July 2016 - Present

- Organized and lead 6 support group trainings that resulted in 30 capable consumer/family support group facilitators.

Strong 365, National Youth Leadership Board August 2015 – Present

- Raise public awareness to ensure that young people facing psychosis get early treatment.
- Establish a youth outreach campaign with the aim of streamlining the pathway to care by utilizing digital marketing strategies.

STARR Coalition, Founding Stakeholder November 2015 – Present

- Develop partnerships and goodwill among stakeholders in the areas of treatment, advocacy, and research with a focus on consumers and patient’s mental health recovery.

Society/Association Membership

- 2018 Member, American Psychiatric Nurses Association
- 2018 Member, American Association of Nurse Practitioners

CURRENT LICENSURE AND CERTIFICATIONS:

Year	Source	Licensure/Certification	Expiration
2018	American Nurses Credentialing Center	2018086285	2023
2017	Florida Board of Nursing	APRN 9418311	2021
2017	American Nurses Credentialing Center	2017016729	2022
2015	Florida Board of Nursing	RN 9418311	2021

ADDITIONAL TRAINING AND EDUCATION:

- 2019 Clozapine REMS Prescriber Certification, Online
- 2019 Medication Assisted Treatment (MAT) Waiver Training for APRNs, Online
- 2018 NAMI Smarts for Advocacy, Miami, FL
- 2017 Leadership Education in Neurodevelopmental and Related Disabilities, Miami, FL.
- 2016 Certified NAMI Connections Recovery Support Group Teacher Training, Washington D.C.
- 2013 SSI/SSDI Outreach, Access and Recovery (SOAR) Stepping Stones to Recovery, Key West, FL
- 2012 NAMI Connections Recovery Support Group Facilitator Training, Sarasota, FL.

LANGUAGES

Spanish: Professional proficiency with reading, listening, speaking and writing.

SKILLS

Word, PowerPoint, beginner proficiency with Excel.

INTERESTS

Live musical entertainment and speaking as www.fogdogmusic.net at mental health research and advocacy conferences, weightlifting and traveling.

REFERENCES

Elyn R. Saks, J.D., Ph.D.
Orrin B. Evans Professor of Law, Psychology, and Psychiatry and the Behavioral Sciences,
University of Southern California Gould School of Law
Director, Saks Institute for Mental Health Law, Policy, and Ethics,
Los Angeles, CA 90089
Tel: (213) 740-7572
esaks@law.usc.edu

Mary Gilberti, J.D.
Chief Executive Officer, National Alliance on Mental Illness
Interdepartmental Serious Mental Illness Coordinating Committee Member
Department of Health & Human Services
National Alliance on Mental Illness
3803 N. Fairfax Drive, Suite 100
Arlington, VA 22203
Tel: (703) 524-7600
mgiliberti@nami.org

The Honorable Steven Leifman
Associate Administrative Judge, Criminal Division
Chair, Supreme Court of Florida Task Force on Substance Abuse & Mental Health Issues in the Courts
Richard E. Gerstein Justice Building
1351 NW 12 Street, Room 617
Miami, FL 33125
Tel: (305) 548-5394
sleifman@jud11.flcourts.org

Joseph Gonzalez-Heydrich, M.D.
Associate Professor of Psychiatry, Harvard University
Chief of Psychopharmacology, Children's Hospital
Children's Hospital Boston
Psychiatry, Fegan 8
300 Longwood Ave
Boston MA 02115
Tel: (617) 355-6680
joseph.gonzalez-heydrich@tch.harvard.edu

Phillip D. Harvey, Ph.D.
Leonard M. Miller Professor of Psychiatry and Behavioral Sciences
Chief of the Division of Psychology
University of Miami Miller School of Medicine
Clinical Research Building
1120 NW 14th Street, 14th Floor
Miami, FL 33136
Tel: (305) 243-4094
pharvey@med.miami.edu